



UCCOOK

Vegetarian Three Cheese Pizza

with honey & fresh herbs

Hands-on Time: 15 minutes

Overall Time: 30 minutes

Adventurous Foodie: Serves 1 & 2

Chef: Samantha du Toit

Wine Pairing: Paul Cluver | Village Chardonnay

Nutritional Info	Per 100g	Per Portion
Energy	801kj	4437kj
Energy	192kcal	1062kcal
Protein	8.4g	46.6g
Carbs	20g	108g
of which sugars	5g	27.7g
Fibre	2.1g	11.8g
Fat	8g	44.4g
of which saturated	4.4g	24.3g
Sodium	263mg	1457mg

Allergens: Cow's Milk, Gluten, Allium, Sesame, Wheat

Spice Level: Mild

Eat Within 4 Days

Ingredients & Prep Actions:

Serves 1	[Serves 2]	
10ml	20ml	White Sesame Seeds
1	1	Onion <i>peel & finely slice ½ [1]</i>
3g	5g	Fresh Thyme <i>rinse & pick</i>
1	2	Pizza Base/s
1	2	Garlic Clove/s <i>peel & grate</i>
50ml	100ml	Tomato Passata
50g	100g	Mozzarella Cheese <i>grate</i>
50g	100g	Cheddar Cheese <i>grate</i>
30g	60g	Brie Cheese <i>slice lengthways</i>
10ml	20ml	Honey
20g	40g	Green Leaves <i>rinse</i>
1	2	Fresh Chilli/es <i>rinse, trim, deseed & finely slice</i>

From Your Kitchen

Oil (cooking, olive or coconut)
Seasoning (salt & pepper)
Water

1. **OPEN SESAME** Preheat the oven to 220°C. Place the sesame seeds in a pan over medium heat. Toast until golden brown, 2-3 minutes (shifting occasionally). Remove from the pan and set aside.

2. **GOLDEN ONION** Return the pan to medium heat with a drizzle of oil. Fry the onion until golden, 4-5 minutes (shifting occasionally).

3. **HERBS, CHEESE, & HONEY** Remove the pizza base/s from the freezer. Rub the base with a drizzle of olive oil and the garlic. Pour the tomato passata over the base, smearing it to the edges, and sprinkle over the thyme. Top with the onion. Scatter over the mozzarella, cheddar cheese and the brie. Drizzle over the honey. Carefully slide the base directly onto the oven rack and cook for 7-10 minutes, or until the base is crispy and the cheese is melted.

4. **PERFECT PIZZA** Top your pizza with the green leaves. Scatter over the sesame seeds and the chilli (to taste). Add a final grind of black pepper and a pinch of salt. Bon appetit, Chef!