

UCOOK

Chorizo & Patatas Bravas

with mozzarella cheese & a side salad

If you like the simple flavours of crispy potato fries dipped in tomato sauce, you will love patatas bravas. This popular Spanish dish takes those well-known flavours to the next level by adding chorizo & mozzarella, and baking it in the oven until golden. Served with a vibrant side salad. Yuml

Hands-on Time: 25 minutes

Overall Time: 30 minutes

Serves: 1 Person

Chef: Samantha du Toit

Bertha Wines | Bertha Sauvignon Blanc 2023

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Ingredients & Prep	
200g	Potato rinsed & cut into bite-sized pieces
1	Onion ½ peeled & finely diced
1	Garlic Heads peeled & grated
5ml	Smoked Paprika
50g	Sliced Pork Chorizo roughly chopped
100g	Cooked Chopped Tomato
40g	Grated Mozzarella Cheese
20g	Green Leaves rinsed & roughly shredded
20g	Radish rinsed & sliced into thin rounds
1	Plum Tomato rinsed & roughly diced
1	Bell Pepper ½ rinsed, deseeded & cut into strips
From Yo	our Kitchen
Oil (cool	king, olive or coconut)

Salt & Pepper

Sugar/Sweetener/Honey

Water

1. GOLDEN POTATOES Preheat the oven to 200°C. Spread the potato
pieces on a roasting tray. Coat in oil and season. Roast in the hot oven until golden, 25-30 minutes (shifting halfway).

2. BRAVAS SAUCE Place a pan over medium heat with a drizzle of oil. When hot, fry the diced onion until soft, 4-5 minutes (shifting occasionally). Add the grated garlic and the smoked paprika (to taste). Fry until fragrant, 1-2 minutes (shifting constantly). Add the chopped chorizo,

until fragrant, 1-2 minutes (shifting constantly). Add the chopped chorizo, the cooked chopped tomato, 40ml of water, and a sweetener. Bring to a simmer and cook until slightly thickened, 8-10 minutes. Add an extra splash of water if it reduces too quickly. Season.

3. BAKE 'TIL GOLDEN When the potatoes are done, place in an oven-proof dish. Cover in the chorizo & tomato sauce and top with the mozzarella cheese. Bake in the hot oven until the cheese is melted.

radish rounds, the diced tomato, the bell pepper strips, a drizzle of olive oil, and seasoning.

4. SIDE SALAD In a salad bowl, toss together the shredded leaves, the

5. YUMMY! Dish up the chorizo & patatas bravas bake. Side with the salad. Cheers, Chef!

Nutritional Information

Per 100g

Energy

354k|

85kcal

4.1g

2.3g

9g

Energy Protein Carbs

Carbs
of which sugars
Fibre

 Fibre
 1.8g

 Fat
 3.9g

 of which saturated
 1.7g

 Sodium
 133.8mg

Allergens

Dairy, Allium, Sulphites, Alcohol

Cook within 4 Days