

UCOOK

Zevenwacht's Bacon & Cheddar Pizza Buns

with jalapenos and a fresh salad

Hands-on Time: 50 minutes
Overall Time: 60 minutes

Fan Faves: Serves 3 & 4

Chef: Zevenwacht Wines

Wine Pairing: Zevenwacht | 7even Shiraz Grenache

Nutritional Info	Per 100g	Per Portion
Energy	1266kJ	8103kJ
Energy	303kcal	1938kcal
Protein	11.7g	75.1g
Carbs	31g	201g
of which sugars	3.4g	22g
Fibre	1.2g	7.9g
Fat	14.9g	95.5g
of which saturated	5.2g	33g
Sodium	602mg	3851mg

Allergens: Cow's Milk, Egg, Gluten, Wheat, Sulphites

Spice Level: Hot

Ingredients	&	Prep Actions:	

[Serves 4] Streaky Pork Bacon 12 strips 16 strips 120g 160g Green Leaves rinse 60g 80g Sliced Pickled Jalapeños drain 160ml Cream Cheese

125ml 150g 200g Grated Cheddar Cheese 3 4

80ml

120g

200g

Fresh Dough Balls Cake Flour

Artichoke Quarters

drain & roughly chop Cucumber

rinse & slice into rounds 45ml 60ml Lemon luice

150ml 200ml Mayo

From Your Kitchen

60ml

90g

150g

Oil (cooking, olive or coconut) Seasoning (salt & pepper) Water

Paper Towel Milk (optional) Egg/s (optional)

1. BEGIN WITH BACON Preheat the oven to 180°C. Place a pan over medium-high heat. When hot, add the bacon strips and fry until browned and crispy, 1-2 minutes per side. Remove from the pan and drain on paper towel. Roughly chop.

2. CREAMY FILLING Roughly chop 34 of the spinach and add to a bowl along with the bacon, the jalapenos, the cream cheese and ½ the cheddar. Season and mix to combine.

flour and gently roll each smaller ball out into a small pizza-like shape. Add ½ 1/41 of the creamy filling to the centre of the dough. Fold in the sides of the dough, pinching the pieces together to seal the

3. GET THE DOUGH DONE Divide the balls of dough into two equal parts. Dust a countertop with the

balls. Gently roll the balls between your palms to form them into balls again. Flip the balls over so they are lying on the folds and set aside to rest for 5 minutes. 4. PERFECT PIZZA BUN Once the dough has rested slightly, press down on the top of the ball to flatten it and lightly brush the top of the pastry with milk or egg. Place on a lightly greased roasting tray. Bake in the hot oven until the buns are golden, 35-40 minutes. In the final 5 minutes, remove from the oven

and sprinkle over the remaining cheese. Return to the oven. 5. GORGEOUS GREEN SALAD In a salad bowl, add the remaining leaves, the artichokes, and the cucumber. Drizzle over some olive oil and the lemon juice (to taste) and toss. Season and set aside.

6. SIMPLY WOW Plate up the golden pizza buns, with mayo for dipping and serve with the fresh salad. Wow, Chef - what a dinner!