

# **UCOOK**

# **Crispy Pork Mince Risotto**

with Italian-style cheese, lemon & parsley

A ready-in-four-steps divine dinner awaits! Classic risotto with garlic, thyme, and grated hard cheese, jazzed up with some crispy pork mince and finished off with sprinklings of fresh parsley.

Hands-On Time: 35 minutes

Overall Time: 60 minutes

Serves: 4 People

Chef: Alex Levett



Warwick Wine Estate | First Lady Pinotage

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## Ingredients & Prep

Onions peeled & finely diced 20<sub>m</sub>l

400ml

100ml

Chicken Stock

Garlic Cloves peeled & grated

Arborio Rice

Fresh Thyme 10g rinsed, picked & finely chopped

200ml White Wine Pork Mince 600g

> Grated Italian-style Hard Cheese

15g Fresh Parsley rinsed & picked

Lemon cut into wedges

#### From Your Kitchen

Oil (cooking, olive or coconut) Salt & Pepper

Water

Butter (optional)

1. GET THE RISOTTO GOING... Boil the kettle. Dilute the stock with 1,5L of boiling water. Place a large pot for the risotto over a medium heat

with a drizzle of oil. When hot, sweat the diced onion for 6-8 minutes until soft and translucent. Add the grated garlic and ½ the chopped thyme and cook for 1-2 minutes until fragrant, shifting constantly. Stir through the rice for about a minute. Pour in the wine and simmer until evaporated. Add a ladleful of stock and allow it to be absorbed by gently simmering,

- stirring regularly. Only add the next ladle of stock when the previous one has been fully absorbed. Repeat this process for 30-35 minutes until the rice is cooked al dente. Season to taste. 2. CARAMELISED PORK Place a large nonstick pan over a high heat
- and work quickly to break it up as it starts to cook. Allow to caramelise for 6-7 minutes until browned, stirring occasionally. Season to taste. 3. FINISHING TOUCHES When the risotto is cooked, stir through ½

with a drizzle of oil. When hot, add the mince and the remaining thyme

knob of butter (optional). Season to taste. 4. AS SIMPLE AS THAT! Dish up the creamy risotto and top with the remaining crispy pork mince and the grated hard cheese. Garnish with the fresh parsley and finish with a squeeze of lemon juice. Buon appetito. Chef!

the caramelised mince, <sup>3</sup>/<sub>4</sub> of the grated hard cheese, and a generous



Taste the risotto as you go because you may not need to use all of the stock. However, if the rice isn't cooked after you've added it all, simply stir in a ladle of water to continue the cooking process.

### **Nutritional Information**

Per 100g

Energy	840kJ
Energy	201Kcal
Protein	9.1g
Carbs	19g
of which sugars	1.5g
Fibre	1.1g
Fat	8.8g
of which saturated	3.4g
Sodium	146.4mg

#### Allergens

Egg, Dairy, Allium, Sulphites, Alcohol

Cook within 1 Day