



U C O O K

— COOKING MADE EASY

Ricotta Ravioli & Sage Butter

with Italian-style hard cheese, baby spinach & toasted hazelnuts

These pasta pockets are bursting with butternut and ricotta, swished with baby spinach, and dripping in garlic and sage beurre noisette or “browned butter”, with its famous nutty aroma. Classy, comforting, and quick!

Hands-On Time: 25 minutes

Overall Time: 30 minutes

Serves: 1 Person

Chef: Runet Van Heerden



Vegetarian

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Ingredients & Prep

15g	Hazelnuts
120g	Cannellini Beans <i>drained & rinsed</i>
2.5ml	NOMU Italian Rub
150g	Butternut & Ricotta Ravioli
5g	Fresh Sage <i>rinsed & picked</i>
1	Garlic Clove <i>peeled & grated</i>
40g	Baby Spinach <i>rinsed</i>
15ml	Grated Italian-Style Hard Cheese
1	Lemon <i>one half zested & cut into wedges</i>

From Your Kitchen

Oil (cooking, olive or coconut)
Salt & Pepper
Water
Butter

1. TOASTY HAZELNUTS Boil the kettle for step 3. Place a nonstick pan over a medium heat. When hot, toast the hazelnuts for 5-6 minutes until golden, shifting occasionally. Remove from the pan on completion and set aside. Roughly chop when cool enough to handle.

2. CRISP THE CANNELLINIS Return the pan to a medium heat with a drizzle of oil. When hot, toast the drained cannellini beans for 8-10 minutes until crispy and caramel in colour. At the halfway mark, stir through the Italian Rub to taste. For the best results, only shift occasionally. On completion, remove from the heat and set aside until serving.

3. BOIL THE RAVIOLI Place a pot for the ravioli over a high heat. Fill with boiling water and add a pinch of salt. Once boiling rapidly, cook the ravioli for 2-3 minutes until they begin to float and are heated through. Drain on completion and toss through some oil to prevent sticking.

4. SAGE BEURRE NOISETTE Place another pan over a medium-high heat with a drizzle of oil or knob of butter. When hot, fry the ravioli in a single layer until crisp and golden. Remove from the pan on completion, return the pan to the heat, and add in 40g of butter. Once foaming, spread the rinsed sage leaves across the pan in a single layer. Fry for 1-2 minutes until the leaves are crispy and the butter has a nutty aroma, watching closely. Reduce to a medium heat, add the grated garlic, and sauté for about a minute. Add in the ravioli, half of the chopped hazelnuts, half of the rinsed baby spinach, and the juice of 1 lemon wedge. Toss until coated, remove the pan from the heat, and season to taste.

5. RESTAURANT-QUALITY DINNER Lay out the remaining fresh baby spinach and cover with three-quarters of the cannellinis. Top with the buttery pockets of ravioli and all of the sauce from the pan. Sprinkle with the grated hard cheese, the remaining toasted hazelnuts, and the lemon zest to taste. Finally, scatter the remaining cannellinis over the lot. Delectable, Chef!



Chef's Tip

Beurre noisette translates to “brown butter” or “hazelnut butter”. It’s a popular sauce in French cuisine where butter is slightly burnt in a pan, giving it a nutty, sweet aroma. It’s a stunning sauce for pastas, steaks, steamed or blanched veg, and fish.

Nutritional Information

Per 100g

Energy	525kJ
Energy	125Kcal
Protein	5.9g
Carbs	21g
of which sugars	1.8g
Fibre	3.7g
Fat	4.4g
of which saturated	1.1g
Sodium	200mg

Allergens

Egg, Gluten, Dairy, Allium, Wheat, Sulphites, Tree Nuts

Cook
within 3
Days