



UCCOOK

Glazed Pork Belly & Cheesy Mac

with dijon mustard & spring onion

Hands-on Time: 35 minutes

Overall Time: 45 minutes

Fan Faves: Serves 3 & 4

Chef: Kate Gomba

Nutritional Info	Per 100g	Per Portion
Energy	1300kJ	7944kJ
Energy	311kcal	1900kcal
Protein	8.5g	51.7g
Carbs	20g	120g
of which sugars	5.3g	32.6g
Fibre	1g	6g
Fat	21.8g	133g
of which saturated	8.4g	51.6g
Sodium	253mg	1548mg

Allergens: Sulphites, Gluten, Sesame, Sugar Alcohol (Sweetener), Wheat, Cow's Milk, Soya, Allium

Spice Level: None

Eat Within 2 Days

Ingredients & Prep Actions:

Serves 3	[Serves 4]	
300g	400g	Lumachette Pasta
2	2	Garlic Cloves <i>peel & grate</i>
30g	40g	Fresh Ginger <i>peel & grate</i>
150ml	200ml	Hoisin Sesame Glaze <i>(37.5ml [50ml] Vinegar, 105ml [140ml] Hoisin Sauce, & 7.5ml [10ml] Sesame Oil)</i>
600g	800g	Pork Belly Pieces
60ml	80ml	Self-raising Flour
450ml	600ml	Full Cream UHT Milk
150g	200g	Cheddar Cheese <i>grate</i>
15ml	20ml	Dijon Mustard
45ml	60ml	Lemon Juice
2	2	Spring Onions <i>rinse, trim & finely slice</i>

From Your Kitchen

Oil (cooking, olive or coconut)
Seasoning (salt & pepper)
Water
Paper Towel
Butter

1. PASTA Bring a pot of salted water to a boil for the pasta. Cook the pasta until al dente, 10-12 minutes. Drain, reserving the pasta water, and toss through a drizzle of olive oil.

2. GLAZED PORK BELLY Combine the garlic, ginger, and hoisin sesame glaze. Place a pan over medium-high heat with a light drizzle of oil. Pat the pork dry with paper towel, cut into bite-sized pieces, and remove any bones. When hot, sear the pork until crispy, golden brown, and cooked through, 8-10 minutes (shifting occasionally). In the final 2-3 minutes, drain the rendered fat, and baste with the hoisin glaze mixture. Remove from the pan with all the pan juices and season.

3. CHEESY MAC Return the pot to medium heat with 60g [80g] of butter. Once melted, vigorously whisk in the flour to form a roux. Cook out for 1-2 minutes (whisking constantly). Slowly whisk in the milk until slightly thickened (whisking constantly). If the bechamel is too thick for your liking, loosen with the reserved pasta water. Mix in the cheese and cook until the cheese is melted, 2-3 minutes. Mix in the mustard and the pasta. Loosen with pasta water if it's too thick. Remove from the heat and season.

4. TIME TO EAT Bowl up the cheesy mac, top with the pork belly and all the pan juices. Finish with a drizzle of lemon juice (to taste). Garnish with a scatter of the spring onion and dig in, Chef!