

## **UCOOK**

## Beef & Wonton "Nachos"

with kewpie mayo, pickled ginger & sesame seeds

Fried wontons stand in for nachos in this crazy delicious dish! These crispy golden delights are topped with tasty hoisin-smothered beef, cabbage & spring onion, and a kewpie mayo drizzle. This is not your average pile of nachos, Chef.

Hands-on Time: 30 minutes

Overall Time: 45 minutes

**Serves:** 3 People

Chef: Thea Richter

Adventurous Foodie

Stellenzicht | Tristone Cabernet Sauvignon

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150g	Edamame Beans
3	Spring Onions rinsed & finely sliced, keeping the white & green parts separate
300g	Cabbage rinsed & thinly sliced
45ml	Lime Juice
125ml	Kewpie Mayo
30ml	White Sesame Seeds
450g	Pasture-raised Angus Beel Chunks patted dry with paper towe & cut into bite-sized piece
150ml	Hoisin Sauce
15	Wonton Wrappers cut into triangles
45g	Pickled Ginger drained & roughly chopped
2	Fresh Chillies deseeded & finely sliced
From Yo	ur Kitchen

Paper Towel

1. MEAL PREP Boil the kettle. Place the edamame beans in salted boiling water for 3-4 minutes until plumped up. Drain and place in a bowl. To the same bowl, add the spring onion whites, the sliced cabbage, the lime juice (to taste), and seasoning. Toss until combined and set aside.

In a separate bowl, loosen the mayo with water in 5ml increments until

drizzling consistency.

**2. OPEN SESAME** Place the sesame seeds in a pan over medium heat. Toast for 2-4 minutes until lightly browned, shifting occasionally. Remove from the pan and set aside.

(shifting occasionally). In the final minute, add the hoisin sauce. Remove from the pan, place in a bowl, along with the sauce, and cover.
4. NACHOS, IS THAT YOU? Return the pan, wiped down, to high heat with enough oil to cover the base. When hot, add the wonton triangles and fry until crispy and golden, 30-60 seconds per side. You may need

3. VERY BEEFY Return the pan to medium-high heat with a drizzle of oil. When hot, add the beef chunks and fry until browned, 3-4 minutes

5. YOU GOT ME WONTON MORE! Make a bed of wonton nachos.

to do this step in batches. Drain on paper towel and season.

Top with the cabbage salad and the hoisin beef (and any remaining hoisin sauce). Drizzle over the loosened mayo. Sprinkle over the chopped pickled ginger, the spring onion greens, the sliced chilli (to taste), and the toasted sesame seeds. Get munching, Chef!

**Nutritional Information** 

Per 100g

Energy

Energy 177kcal
Protein 9.8g
Carbs 13g
of which sugars 7g
Fibre 1.6g
Fat 3.1g
of which saturated 0.7g

740kl

419mg

## **Allergens**

Sodium

Egg, Gluten, Allium, Sesame, Wheat, Sulphites, Soy

aa Gluten Allium See

within 4 Days

Cook